

Invisible disabilities

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Kinds of disabilities

- Sensory (vision and hearing);
- Learning;
- Mobility/physical;
- **Invisible.**



Definition of invisible disabilities

- Disability is a term describing ongoing physical, emotional or social challenge
- Definition of invisible in a Webster dictionary: a. incapable by nature of being seen; b. Inaccessible to view: hidden;
- According to Invisible disabilities association invisible disabilities refers to such conditions as pain, fatigue, dizziness, cognitive dysfunctions, brain injuries, learning differences and mental health disorders, as well as hearing and vision impairments.

More kinds of invisible disabilities



Question to you

- Do you have any and if yes what kind of experience with invisible disabilities?

Important to remember

- Don't consider, ask;
- Let people choose whether they want others to know about their health condition;
- Watch how you talk -
<https://www.youtube.com/watch?v=p3tzWipsGkE>

Discussion/Action plan

- How we can help people with invisible disabilities feel and be welcomed in our churches and organizations?